







Course duration: 1-3 terms, September or January start

Leadership, Language, Adventure and Culture for girls aged 17-19 years Empowering young women within leadership

This unique programme aims to prepare girls aged 17-19 years for their next steps in a challenging and evolving world, combining: communication, etiquette, French language, culture, business and global perspectives with adventure, challenge and travel. This exciting programme affords girls a unique and unmatched opportunity for personal and leadership development in our beautiful Swiss

setting, giving them confidence to step up to leadership opportunities and own their voice.

Living in our homely Surval environment where they are supported by our exceptional team of caring staff, girls follow the programme of courses and activities during the week and have the freedom to travel and explore independently at the weekend.



Communication Skills and Personal and Professional Presence: Body language, Public speaking and Networking

Global Etiquette for Personal and Professional Success : Communication, Conduct, Hospitality, Dress and Dining

Global Perspectives for intercultural understanding and awareness: International Relations, Social Enterprise

Young Women in Business: Developing foundation business skills

Languages : Intensive French tuition leading to DELF certificate (or English tuition leading to Cambridge certificate), additional introductory language courses (Italian, Spanish, German)

Culture: Culinary Arts, History of Arts, Visual Arts



Finding new limits in our beautiful Swiss Alpine surroundings - on the trails, lake or ski slopes

Summer/Autumn/Spring: exploring the trails around us through hiking and running, water sports (stand up paddle boarding, sailing, swimming, wake boarding) horseriding, tennis, volleyball, yoga, cycling

Winter Sports: Skiing (Tues, Thurs, Sat/Sun), ice skating, tobogganing, curling, snowboarding, snowshoeing

Residential Trips: Ski week in Anzère, ski weekends to Zermatt, Loèche-les-Bains, Saas Fee, Grimentz, cultural trips including Paris, Monaco, Italy, European Christmas market visit e.g. Vienna, Swiss Tour, service trip e.g. Himalayan community, independent weekend travel



Sample timetable | Please note this is provided as an example only and the exact schedule may differ

	Monday	Tuesday	Wednesday	Thursday	
8.45 - 10.40 am	Culinary Arts	Communications	Social Enterprise	French	
10.40 - 11 am	Morning break	Morning break	Morning break	Morning break	
11-12.50 pm	French	French	Business	Etiquette	
12.50 - 1.40 pm	Lunch	Lunch	Lunch	Lunch	
1.40 - 3.40 pm	Business	Sports & Wellbeing	International Relations	Sports & Wellbeing	
4 - 5 pm	Clubs / Languages Enrichment				
5 pm onwards	Free time / Boarding evening activities / Study				
6.30 pm	Dinner				

Friday
French
Morning break

Business Lunch

Travel

Sat/Sunday

Travel

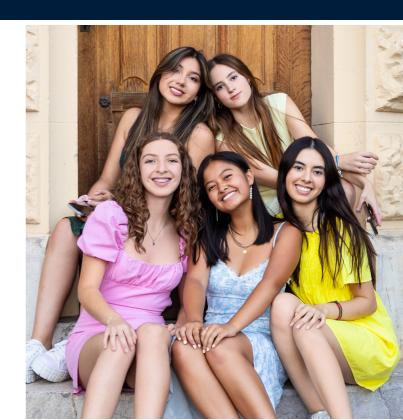


I had incredible teachers who patiently helped me improve my French and prepared me for my DELF exam and now I can go out of Surval saying that I can speak French, confidently... Surval helped me in learning more about myself and what I want to do in the future and helped me discover new skills and interests. This year will definitely stay in my heart because of the memories and the friends that I made.

Montserrat, Mexico, Swiss Gap 2021-22

Swiss Gap Fees

Please refer to the Fees, Terms and Conditions for full details.





To find out more information, arrange a chat or book a place, please visit www.surval.ch or email admissions@surval.ch

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